

present



HEARING
VOICES
NETWORK
AOTEAROA NZ
Te Reo Oro Oro

A NARRATIVE APPROACH TO PSYCHOSIS

A One day workshop with Ron Coleman & Karen Taylor
www.workingtorecovery.co.uk

MONDAY 31ST
OCTOBER

9AM TO 4-30PM

WHANGAREI

Te Puna o Te
Matauranga Marae,
Northtec

This workshop is open to people who experience voices or other extreme experiences, family, whanau, support people & mental health professionals

COST: Voice hearers, students & unwaged: \$20

Waged and Professionals: \$80 **
**GROUP DISCOUNTS AVAILABLE & Earlybird Discount of 10% if booked by 5th October

CONTACT:
hvnanz@gmail.com
tel: Adrienne 0272650266

Te Ara Korowai



Embracing The Path

This course has been developed to prepare organizations, families and voice hearers to deliver or practice recovery ways of working with people hearing voices and other extreme experiences. It is based on the experiences of Ron Coleman and Karen Taylor in their work in recovery houses in Scotland Australia and Italy.

Session 1. Preparing for Recovery – What is recovery? The importance of Choice, Ownership, People and Self in starting the Journey.

Session 2. You are not the Problem - Exploring why people often feel that somehow they are the problem and that they cannot recover.

Session 3. The Illness Trap -Focus on the barriers that can often get in the way of a persons' recovery and exploring ways they can be overcome.

Session 4. The Importance of Story - The importance of our stories- both that of the person with the problem and the family. Helping a person move from their dominant story to an alternative story that may help them explore their problem in a very different way.

Session 5 Sculpting Voices and/or Visions - How we can sculpt aspects of the person's experience voices, visions, etc to help them gain a greater understanding of their experience and how we might use this technique in conjunction with voice dialogue.

Session 6 Finding Resolution– Explore a number of techniques that can be used when working with people that will help them find ways of dealing with their experience in the short, medium and long term driving towards recovery.

Ron Coleman and Karen Taylor are world renowned experts on voices & recovery. They provide trainings worldwide, have written books and designed successful programs based on their research and experience.



tearakorowai.org.nz

hearingvoices.org.nz